## Self-Guided High Adventure Healthy Hike Challenge!

See if you have what it takes to have your name added to our Iron Hikers list for 2021! Hiking is a great way to improve your physical and mental health!

Each month WCHP will release a new self-guided High Adventure Healthy Hike Challenge that is designed for individuals or families who consider themselves advanced hikers! Each challenge will include a map with further instructions for your quest. (Below)

You will be challenged in observational skills, nature knowledge, outdoor knowledge, and total hiking time!

Information submitted is on the HONOR SYSTEM! Please be respectful!

## February Hike: The Southern Park Perimeter

## **Trail Statistics**

10 Questions Length: 2.5 miles Elevation Gain: 15 feet Goal: Answer all the questions and complete the trail in 1 hour.

Email answers and recorded time to: mtruesdale@pa.gov

## Enjoy the park and your adventure!

Suggested Parking Location: Washington Pavilion Parking Lot



