Self-Guided High Adventure Healthy Hike Challenge!

See if you have what it takes to have your name added to our Iron Hikers list for 2021! Hiking is a great way to improve your physical and mental health!

Each month WCHP will release a new self-guided High Adventure Healthy Hike Challenge that is designed for individuals or families who consider themselves advanced hikers! Each challenge will include a map with further instructions for your quest. (Below)

You will be challenged in observational skills, nature knowledge, outdoor knowledge, and total hiking time!

Information submitted is on the HONOR SYSTEM! Please be respectful and honorable!

Challenge 1: Find and answer 10 questions along the trail. The questions are laminated and marked with lime green flagging tape!

Please submit your time and answers to the Park Naturalist, Matt Truesdale <u>mtruesdale@pa.gov</u>, once completed.

Enjoy the park and your adventure!

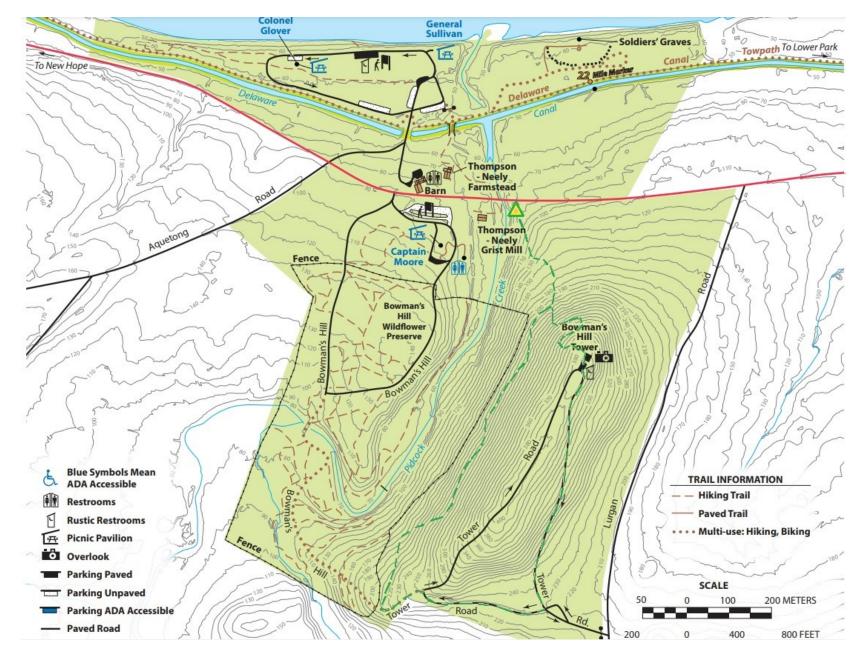
Trail Statistics

Length: 2 miles Elevation Gain: 342ft Goal: Answer all 10 questions and complete the trail in 1 hour and 15 minutes. Email answers and recorded time to: <u>mtruesdale@pa.gov</u>

Suggested Parking Location:

Thompson - Neely Farmstead 1638 River Rd New Hope, PA 18938

Please Note: You will need to walk along and cross River Road in order to access the trail head. Please be cautious. The trail can be wet and slippery. Please make sure to wear appropriate hiking shoes. Please also remember to take a notebook and pencil to record your answers and time! Look for the lime green flagging tape!



This month's self-guided High Adventure Healthy Hike Challenge begins at the Green triangle. Follow the green dashes on the map! This route follows a well established trail.