<u>Self-Guided High Adventure Healthy Hike Challenge!</u>

See if you have what it takes to have your name added to our Iron Hikers list for 2021! Hiking is a great way to improve your physical and mental health!

Each month WCHP will release a new self-guided High Adventure Healthy Hike Challenge that is designed for individuals or families who consider themselves advanced hikers! Each challenge will include a map with further instructions for your quest.

You will be challenged in observational skills, nature knowledge, outdoor knowledge, and total hiking time!

Information submitted is on the HONOR SYSTEM! Please be respectful!

June Hike: Upper Park Jaunt

Trail Statistics

10 Questions

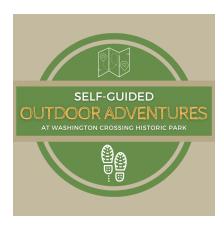
Length: 1.70 miles

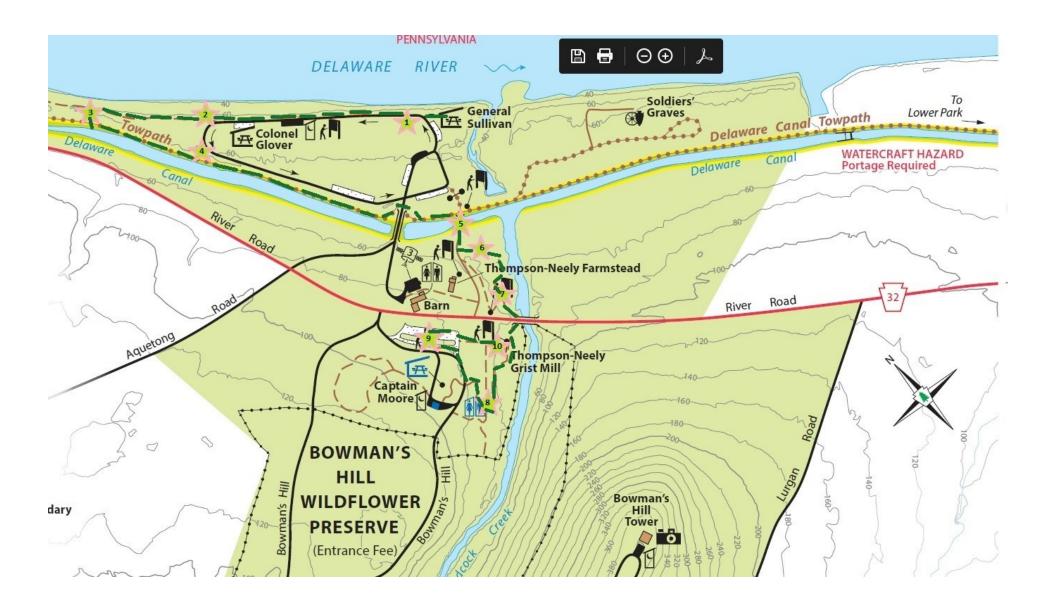
Elevation Gain: 58ft

Goal: Answer all the questions and complete the trail in 53:00 minutes.

Email answers and recorded time to: mtruesdale@pa.gov

Enjoy the park and your adventure!





Please note: Suggested Parking Location - General Sullivan Pavilion. Please park in a designated parking location. Pay careful attention to the map! You will find each clue near each of the stars on this map. This month's theme surrounds the true names of different animal species! Temperatures are increasing and nature is becoming active! Prepare yourselves with a full water bottle, light long pants, sturdy hiking shoes, and a hat. Be cautious for poison ivy and remember to check for ticks.